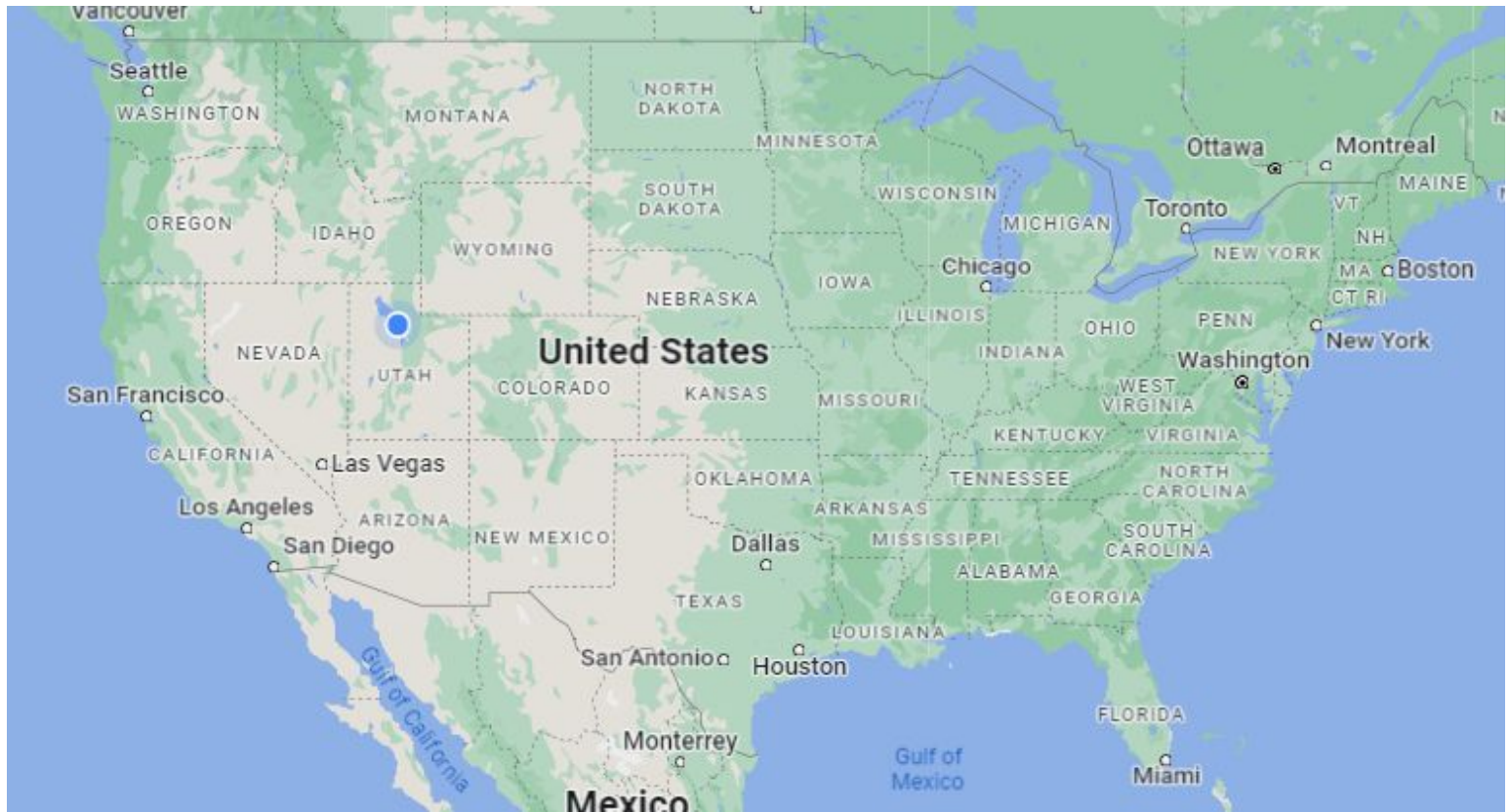


Psychology Internship at Valley Behavioral Health



**UTAH PSYCHOLOGY
INTERNSHIP CONSORTIUM**



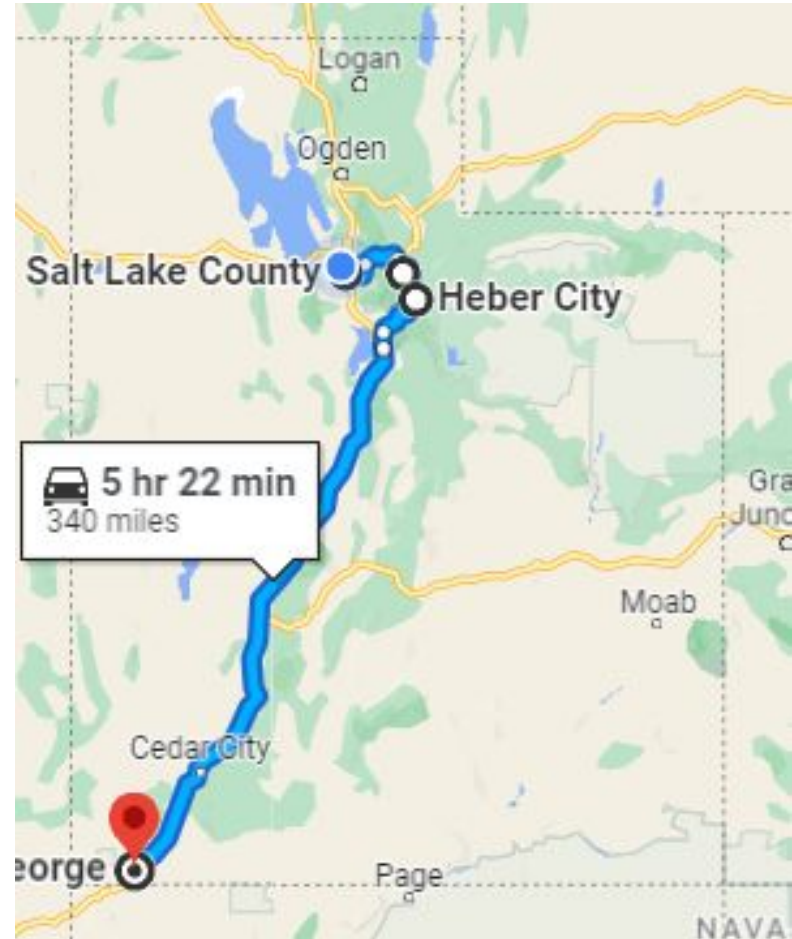


Valley Behavioral Health is part of the Utah Psychology Internship Consortium in Utah.



UTAH PSYCHOLOGY INTERNSHIP CONSORTIUM

- The Utah Psychology Internship Consortium (UT-PIC) is accredited by the American Psychological Association (APA), with initial accreditation on April 5, 2020.
- UT-PIC plans for 7 interns employed by four organizations hosting interns at five different locations (Salt Lake County with Tooele County, Park City, Heber City, and St. George).



Internship experience with UT-PIC



Interns with UT-PIC provide all of their services with one organization and are employees of that organization (such as Valley Behavioral Health) but participate as a group with all the UT-PIC interns for:

- In person orientation at the beginning of the year
- In person graduation event at the end of the year
- In person mini-rotations, such as in Salt Lake County to learn about services for people without housing and in St. George for a campus outreach event
- Weekly virtual group supervision
- Weekly virtual didactic on a wide range of topics from supervisors and other subject experts

Valley Behavioral Health

- A community mental health center serving behavioral health needs in underserved populations in Salt Lake County and Tooele County in Utah.
- Founded in 1987 as a not-for-profit organization.
- Serving children, youth, adults, and the geriatric population.
- Treating mental health and substance use disorder conditions.
- Intensities of treatment include outpatient, day treatment, and residential with individual, group, and family therapy
- Multidisciplinary teams of therapists, case managers, and medical staff.



Interns at Valley Behavioral Health



We plan for two interns who will each select three rotations out of five possible rotations. Usually one rotation will last for twelve months while the other two are six months each:

- Psychological evaluation (required for a minimum of six months)
- Child and youth day treatment services
- Child and youth outpatient services
- Adult outpatient services that are either general population or court-ordered population
- Rural clinic in Tooele County with options for child or adult services

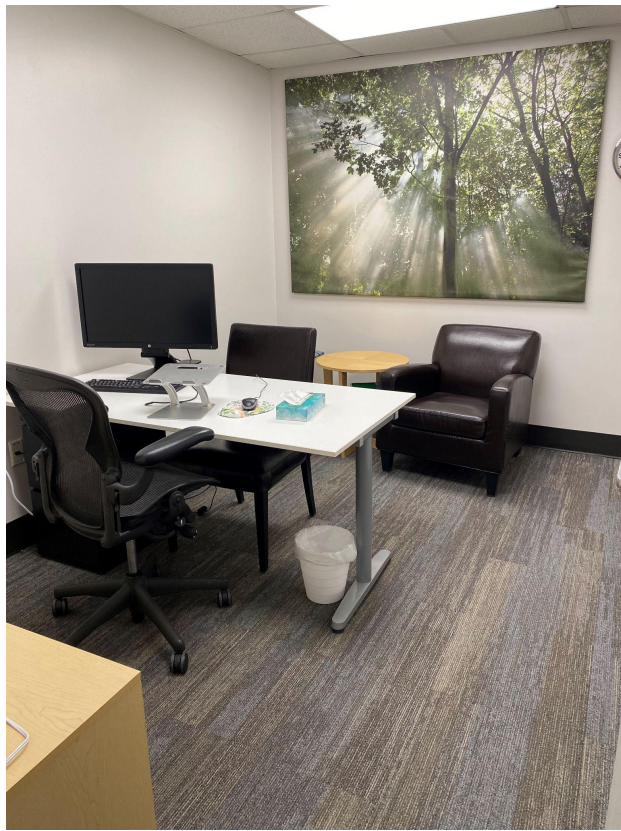
Psychological evaluation

- Interns may conduct in-depth clinical evaluations with referral questions of ADHD, autism, intellectual function, personality, psychosis and other needs.
- Supervisor: Liz Albertsen, Psy.D.
- Located within the Child, Youth and Family (CYF) Outpatient clinic
- 3725 West 4100 South, West Valley City, Utah, 84120





(Half of the) Lobby at Child, Youth, and Family (CYF) Outpatient which is the home for psychological evaluations



Intern offices for psychological evaluation and CYF Outpatient



Psychological testing room for ADOS and TOVA and testing supplies room



Dr. Liz Albertsen's office and the staff room at Child, Youth, and Family (CYF) Outpatient

Child, Youth and Family (CYF Day Treatment)

- Full day treatment and after-school program for children ages 5-17 with severe behavior and emotional needs
- Interns may provide individual and group therapy and intake assessments
- Supervisor: Alyssa Levy, Ph.D.
- 3725 West 4100 South, West Valley City, Utah, 84120





An intern office at CYF Day Treatment



A play therapy room at CYF Day Treatment



Sand tray and materials at CYF Day Treatment



Group rooms and classrooms at
CYF Day Treatment



Lunch room at CYF Day Treatment



Calming room and outdoor play space at CYF Day Treatment

Child, Youth and Family (CYF) Outpatient

- Outpatient treatment for children, teens, and their adult family members
- Interns may provide individual and group therapy and intake assessments
- Supervisor: Liz Albertsen, Psy.D.
- On-site training and support by Amanda VanAusdal, LCSW
- 3725 West 4100 South, West Valley City, Utah, 84120



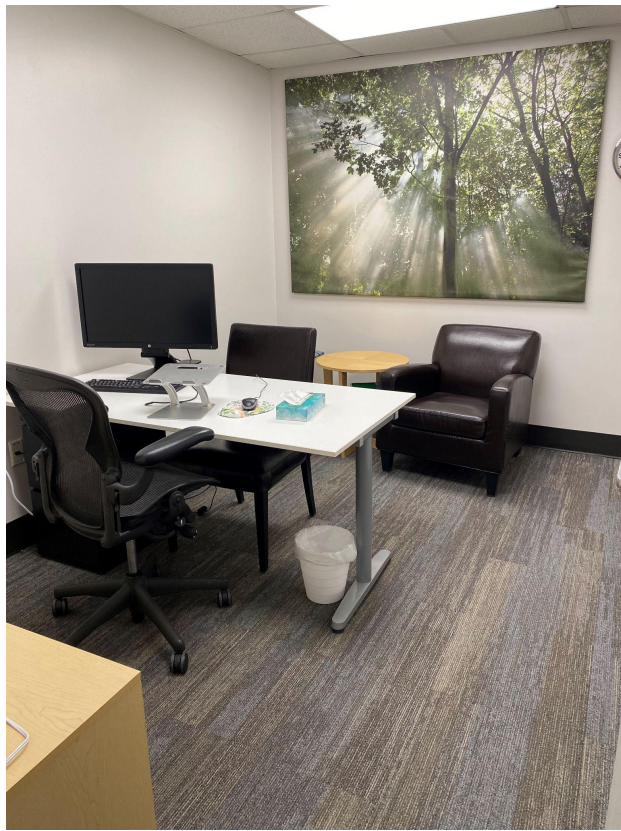


(Half of the) Lobby at Child, Youth, and Family (CYF) Outpatient which is also the home for psychological evaluation services



Therapy rooms for art, music, play, and sand tray
at CYF Outpatient.
(These were new rooms as of October 2023 so
decoration hasn't finished.)





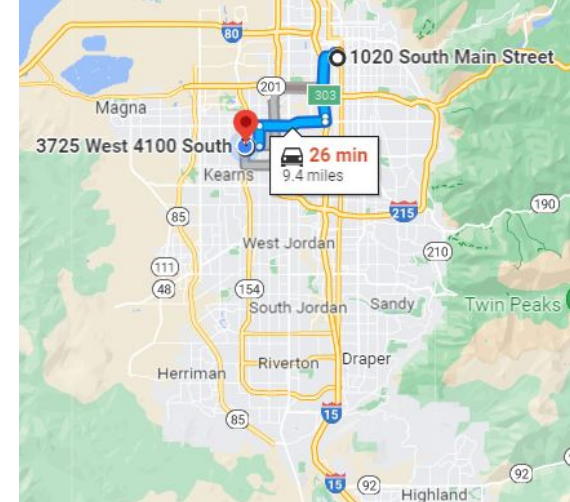
Intern offices for CYF Outpatient



Dr. Liz Albertsen's office and staff room at Child, Youth, and Family (CYF) Outpatient

Adult services in Salt Lake County

- North Valley Clinic provides outpatient mental health treatment
- Masters Clinic provides geriatric outpatient mental health treatment
- Forensics Clinic provides court-ordered mental health and substance use disorder treatment.
- Interns could provide individual and group therapy, and treatment intake assessments
- Supervisor: Liz Albertsen, Psy.D. (supervisor's office at CYF)
- On-site training and support by Russ Pryor, LCSW MBA, Clinical Director
- All three clinics located at 1020 South Main Street, Salt Lake City, UT 84101

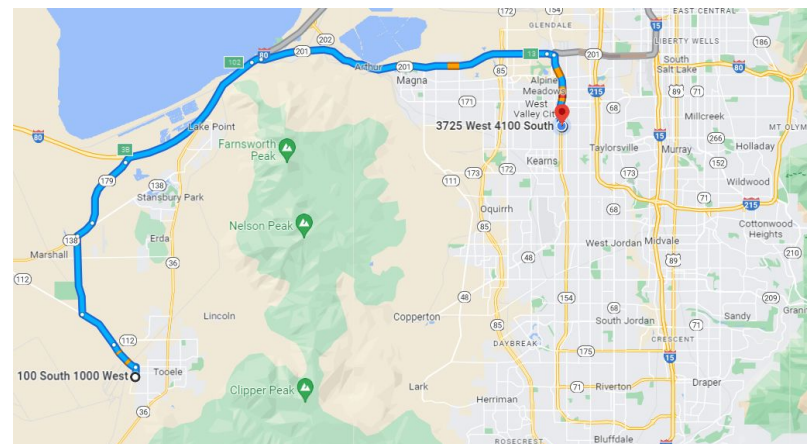




Interior views within the North Valley building, which also hosts a pharmacy

Tooele County Clinic

- Adult mental health and substance use disorder services
 - Individual and group therapy, treatment intake assessments
 - Many group participants are court-ordered for substance use disorder treatment
- Child and youth mental health services
- Supervisor: Liz Albertsen, Psy.D.
(supervisor's office in Salt Lake County)
- On-site training and support by Nicole Herrera, LCSW, Clinical Director, and Stephen Palmer, LCSW, Adult Team Lead
- 100 South 1000 West, Tooele, UT 84074
(35 miles from CYF)





Intern office and group therapy room in the Tooele clinic

Thank you for your interest!

If you have questions, please contact Dr. Liz Albertsen at elizabetha@valleycares.com.

